



PE programme – parent questionnaire

Questions

1. Does your child enjoy PE?

Yes: 78%

Some of the time: 22%

2. Which part of the PE programme does your child enjoy most? (multiple choice answers)

Athletics: 36%

Dance: 35%

Games: 60%

Gymnastics: 25%

Swimming: 28%

Outdoor & adventure: 70%

Not sure: 8%

3. Do you receive enough information about your child's progress in PE?

Yes: 13%

No: 87%

4. Does your child receive PE homework? If yes, what is your opinion of the PE homework?

Yes: 28%

No: 82%

Comment overview: Comments are overwhelmingly in favour of children receiving PE homework.

Sample comments:

A. Active homework is rare but very welcome

B. Structured activities preferred

C. Children should get PE homework only, during last term

5. Are there any ways you feel we could improve our PE programme?

Comment overview: Of all comments provided, the request for more communication from the school to parents, on the PE programme and children's progress, is the most common.

Sample comments:

- A. Offer more PE sessions per week (at least 2)
- B. Introduce a dedicated PE teacher
- C. Bring in trained professionals to teach dance and gymnastics

6. Do you think that your child has benefitted from the Run a Day and Active Break Every Day challenges?

Yes: 68%

No: 30%

2% - not aware of these challenges

7. Does your child enjoy break times in the yard?

Yes: 95%

No: 2.5%

Sometimes: 2.5%

8. Are there any ways you feel we could improve our playground breaks?

A number suggest more structured play and games and to develop a chart of suggested games for children to choose from. Another suggests introducing more games equipment and a number would like to see more free running.

9. Do you know how many minutes of physical activity that children should do every day to be healthy?

30 minutes: 20%

60 minutes: 50%

90 minutes: 15%

Don't know: 15%

10. Have you visited the Active School Flag section on our website? Do you have any feedback on the content or our participation in the Active School programme?

Yes: 16%

No: 84%

Sample comments:

- A. Great to see the photos of kids having fun
- B. Great initiative
- C. No but I will